

"Service Above Self" since 1979

WE ARE

ROTARY CLUB ROOPNAGAR

ROTARY ROOPNAGAR TRUST

Zone 7

R.I. DISTRICT 3080



HUM IN ACTION

Rotary International" is a global network of **1.4 million members** in over **46,000 clubs** across **200+** countries. Founded in **1905** in Chicago, Rotary is one of the world's largest and most influential **service organizations**, dedicated to humanitarian causes, ethical leadership, and community development.

Why Choose Rotary?

Joining Rotary International offers numerous personal and professional benefits while allowing you to make a positive impact in your community and the world. Here's why you should consider becoming a Rotarian:

1. Make a Difference in the World
2. Expand Your Network.
3. Personal & Professional Growth
4. Local & Global Impact
5. Friendship & Fellowship
6. Ethical & Inclusive Environment
7. Travel & International Opportunities
8. Leave a Lasting Legacy



Rotary's motto is "Service Above Self"—if you want to serve, connect, and lead, Rotary is the perfect place for you!

Rtn. Sudhir Sharma

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RY 2025-26

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Rtn. Dr. Ankur Wahi

Secretary
RY 2025-26

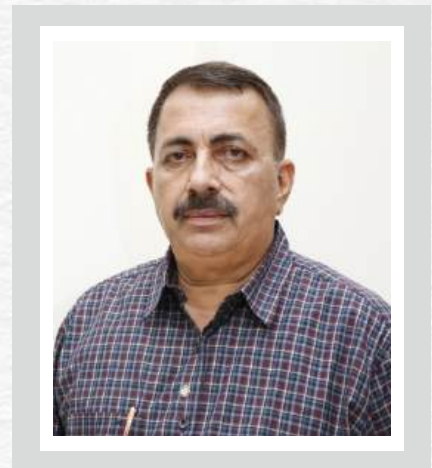
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FROM THE DESK OF THE PRESIDENT

Rtn. Sudhir Sharma
RY 2025-26



Dear Friends,

With just two weeks since the start of my team's term, now all our energy is focussed on success of installation ceremony scheduled for coming weekend.

As the rain washes over us, it's a time for reflection and renewal. Let the rhythmic beat of the raindrops soothe your soul and inspire your creativity. In this issue, we celebrate the beauty of the monsoon season, from its lush landscapes to its cozy moments. We explore the magic of rain-kissed mornings, the joy of hot chai on a drizzly day, and the tranquillity of a rainy evening. Stay dry, stay cozy, and enjoy the monsoon magic!"

We should avoid raw or undercooked food from unhygienic sources. Maintain personal hygiene and keep the surroundings clean. Drink safe water.

Amidst this monsoon we carried out an interesting project, installation of tree guards around some of the plants, we had planted earlier at Ambedkar Bhavan. Protection of plants is very vital in the early stages. If any members are interested in donating tree guards, please contact me.

I wish you all good health this monsoon.



ROTARY CLUB ROOPNAGAR



FROM THE DESK OF THE SECRETARY

Rtn. Dr. Ankur Wahi
RY 2025-26

Fellow Rotarians,

This week as Secretary of our Rotary Club, I truly felt overwhelmed by the depth and impact of our projects.

The cataract surgery, generously funded by our Assistant Governor PP Rtn. Gurpreet Singh, was a deeply emotional moment. Witnessing the gratitude of the beneficiary reminded me why we serve—it was a powerful reminder that even a single act of kindness can transform someone's life.

Another meaningful initiative this week was the Tree Guard project. Planting trees is one thing, but ensuring their protection and survival is equally important. By safeguarding these young saplings, we are truly investing in a greener and healthier future.

This week has reinforced my belief that Rotary's work, though demanding at times, is immensely fulfilling and impactful. I am grateful to all my fellow Rotarians for their dedication and teamwork in making these projects possible.

In service



ROTARY CLUB ROOPNAGAR

PROJECTS OF THE WEEK

11.07.2025

Glimpses from Club Meeting



ROTARY CLUB ROOPNAGAR

Speaker in the Meeting



Dr. B.P.S. Parmar Delivers Inspiring Lecture on The Rotary Foundation

Dr. B.P.S. Parmar, Director of International Services, led an insightful session on **The Rotary Foundation**, enlightening members about its mission, impact, and avenues for involvement.

Key Highlights of the Session:

1. Types of Contributions

Dr. Parmar explained how contributions fuel the Foundation's global initiatives, including:

- **Annual Fund:** Supports Rotary's humanitarian projects and grants.
- **PolioPlus Fund:** Dedicated to eradicating polio worldwide.
- **Endowment Fund:** Ensures long-term sustainability through perpetual grants.
- **Disaster Response Fund:** Provides immediate aid during crises.
- **District & Global Grants:** Funds local and international service projects.
- **Corporate & Matching Gifts:** Enhances donations through employer partnerships.

2. Recognitions & Honors

He highlighted prestigious recognitions for donors, such as:

- **Paul Harris Fellow (PHF):** Awarded for a \$1,000 contribution.
- **Multiple PHF Recognition:** For additional \$1,000 increments.
- **Major Donor:** Granted to those who contribute \$10,000 or more.
- **Arch Klumph Society:** Honors cumulative donations of \$250,000+.
- **Bequest Society:** Recognizes planned giving through wills/estates.
- **Rotary Foundation Citation for Meritorious Service:** For exceptional volunteer contributions.

Dr. Parmar emphasized how these contributions and recognitions strengthen Rotary's ability to drive change, from polio eradication to clean water and education projects.



11.07.2025

EYE SURGERY

ROTARY Club Roopnagar, in association with **PARMAR Hospital**, successfully organized a **Free Eye Surgery Camp**, reaffirming its dedication to community health and well-being.

During the camp, another cataract patient received successful treatment. The surgery was expertly performed by **Dr. Namita Parmar**, Past President of the club.

Rtn. O.P. Malhotra was also present at the hospital to support the initiative.

This noble effort was generously funded by **Rtn. Gurpreet Singh**, Past President of Rotary Club Roopnagar and current **Assistant Governor, Rotary Zone 7 (RY 2025-26)**, whose unwavering commitment to service continues to illuminate and uplift lives.



ROTARY CLUB ROOPNAGAR

13.07.2025

INSTALLATION OF TREE GAURD

Rotary Club Roopnagar Strengthens Green Commitment with Tree Guard Installation at Ambedkar Bhawan

The Rotary Club Roopnagar successfully executed a Tree Guard Installation Project at Ambedkar Bhawan, reaffirming its dedication to environmental sustainability and the long-term protection of newly planted trees.

The initiative was ably led by **Past President Rtn. Parminder Kumar**, with wholehearted participation from club members and senior Rotarians. The event saw the gracious presence of Past District Governor **Rtn. Chetan Aggarwal**, Club President **Rtn. Sudhir Sharma**, along with esteemed members including **PP Rtn. Narinder Bhola**, **PP Rtn. Amar Raj Saini**, **PP Rtn. Usha Bhatia**, **PP Rtn. J.K. Bhatia**, **PP Rtn. Dr. J.K. Sharma**, **PP Rtn. Prabhjit Singh**, **President-Elect Rtn. Gagan Saini**, **PP Rtn. Sanjay Sood**, **Rtn. Parmod Sharma**, **Rtn. Inderpreet Singh**, **Rtn. Ashok Chadha**, **Rtn. Sandeep Taneja**, and **Secretary Rtn. Dr. Ankur Wahi**.

The project concluded with a warm fellowship breakfast generously hosted by **PDG Rtn. Chetan Aggarwal ji**, reinforcing the spirit of unity and service within the club.

With initiatives like this, the Rotary Club Roopnagar continues to lead by example,





ROTARY AND ME

Tan, Man, Dhan se Sewa – The Spirit of Rotary

“सेवा परमो धर्मः”—Service Above Self is not just the Rotary motto; it is a timeless ideal embedded in Indian philosophy and values. When we say “तन, मन, धन से सेवा”, we evoke a powerful trinity—**physical service, heartfelt dedication, and financial commitment**. These three elements, when combined, form the very backbone of meaningful and sustainable service. For every true

Rotarian, this phrase is not just poetic—it is deeply practical, profoundly personal, and spiritually satisfying.

As an **Income Tax Consultant by profession**, I have experienced how service can be rendered not only through Rotary projects, but also through one's daily work. When I guide an elderly taxpayer through complex procedures, help a small trader navigate notices, or assist a family facing financial scrutiny—and sometimes do it **without charging a fee**, especially when I know they are struggling—I feel I'm living the true spirit of Rotary.

That, to me, is “Sewa”—profession blended with compassion, knowledge offered with humility, and expertise used for the good of others.

Tan (Body) तन—Serving with Presence and Action

Rotary is a hands-on organization. Whether it's building schools, organizing blood donation camps, or participating in tree plantation drives, Rotarians are present **on the ground**. They roll up their sleeves and engage physically in the act of service. Similarly, in our professional lives too, being **physically available**—not just during office hours but even during someone's time of stress—is service through Tan. For me, accompanying a senior citizen to the tax office, or spending hours helping a family through a scrutiny case, is part of my physical presence in service.

Man (Mind and Heart) मन—Serving with Empathy and Passion

The “Man” in service is about **sensitivity and understanding**. In Rotary, we serve with heart—be it mentoring youth or comforting the distressed.

In my consulting practice, I have seen that **listening patiently** to someone's financial worries, understanding the fear behind a notice, or simply guiding someone in their language and comfort zone—can mean a lot. Giving people the confidence that they are not alone is a form of service with Man—mind guided by empathy.

Dhan (Wealth) धन—Serving with Generosity and Stewardship

In Rotary, we give generously to causes that uplift lives. Many of us contribute to **The Rotary Foundation**, sponsor community projects, or donate to scholarships.

Professionally too, we sometimes contribute our “Dhan” in the form of **free or subsidized services**. Many of my clients, especially those from weaker sections, have never been charged a rupee. And that too is a form of financial giving—**not as charity, but as responsibility**.

Unite for Good – The Rotary Way

When **Tan, Man, and Dhan** come together, we truly “Unite for Good.” This year's Rotary International Theme beautifully reflects what happens when **actions, intentions, and resources** align in harmony. It is not just in large service projects but also in our **daily acts of integrity and kindness**, in our professions, and in our personal lives that we live the ideal of Rotary. Let us pledge to make our **professional expertise an extension of our Rotary spirit**, and our Rotary identity a reflection of our daily conduct.

“Na keval haathon se, na keval dil se,
Na keval dhan se, par sab kuchh mil ke,
Jab hoti hai sewa – tab hi hoti hai Rotary ki pehchaan.
Aur jab hoti hai ekjutta—tabhi hota hai sachcha 'Unite for Good' ka abhiyan.”

PDG Rtn Chetan Aggarwal



Rotarian दिल से



Rtn Sudhir Sharma
President

रोटरी क्लब मीटिंग

रोटरी क्लब में मीटिंग जाना तो एक बहाना है
समय की पाबंदी में हाजिर होना
फिर कुछ सीखना और सिखाना है

कभी हंसना, कुछ सुनना और कुछ सुनाना है

सब की खुशी में हो शामिल
उस को उसका दिन भी खास महसूस कराना है

यहां हर कोई है अपने काम का माहिर
उनके तुजबो से हमें है ज्ञान बढ़ाना

अपने आप को रख अपने में
मीठे हो सब को रोटरी सेवा में लगाना है

रोटरी क्लब मीटिंग में जाना तो है एक बहाना

Rotary Facts



ROTARY IN NEWS

दंत चिकित्सा जांच शिविर का आयोजन

रूपनगर (आपका फैसला)।
रोटरी क्लब रूपनगर ने गांधी स्कूल के विद्यार्थियों के लिए दंत चिकित्सा जांच शिविर का आयोजन किया। रोटेरियन डॉ. दलजीत सिंह सैनी और रोटेरियन डॉ. अंकुर वाही ने 350 से अधिक विद्यार्थियों की जांच की। इस पहल का उद्देश्य युवा विद्यार्थियों में मुख स्वास्थ्य के प्रति जागरूकता बढ़ाना था। ज़रूरतमंद विद्यार्थियों को निःशुल्क दवाइयाँ भी प्रदान की गईं। ज़ोन 7 के सहायक गवर्नर रोटेरियन गुरप्रीत सिंह ने विद्यार्थियों को मुख स्वच्छता बनाए रखने के लिए प्रेरित किया और नियमित दंत चिकित्सा जांच के महत्व पर जोर दिया। क्लब के अध्यक्ष रोटेरियन सुधीर शर्मा ने बताया कि क्लब इस रोटरी वर्ष में स्कूली विद्यार्थियों के लिए कम से कम 25 ऐसे शिविर आयोजित करेगा। गांधी स्कूल के प्रबंधन और प्रधानाचार्य ने रोटरी क्लब रूपनगर के प्रयासों की सराहना की और इस प्रभावशाली दंत चिकित्सा शिविर के आयोजन में उनके समर्पण और प्रयासों के लिए दंत चिकित्सकों की टीम को विशेष धन्यवाद दिया।

रोटरी क्लब रूपनगर ने नेत्र शल्य चिकित्सा का आयोजन किया

रूपनगर, (आपका फैसला)। रोटरी क्लब रूपनगर ने नेत्र शल्य चिकित्सा का आयोजन किया जिसमें दो रोगियों के अनुरोध पर, रोटरी क्लब रूपनगर ने दो योग्य रोगियों - बलाचौर की राज रानी और आदर्श नगर रूपनगर की कृष्णा - की गंभीर मोतियाबिंद शल्य चिकित्सा की व्यवस्था की। परमार अस्पताल की डॉ. नम्रता परमार के साथ चिकित्सकीय परामर्श के बाद, यह निर्धारित किया गया कि दोनों को तत्काल उपचार की आवश्यकता है। रोटरी क्लब रूपनगर की पूर्व अध्यक्ष डॉ. नम्रता परमार की विशेषज्ञता के कारण, 8 जुलाई 2025 को उनके द्वारा सफलतापूर्वक शल्य चिकित्सा की गई, जिससे रोगियों की दृष्टि और आशा वापस आ गई। दोनों रोगियों को उनके घर भेज दिया गया है। इस पूरी पहल का वित्तपोषण रोटरी डिस्ट्रिक्ट 3080 के ज़ोन 7 के सहायक गवर्नर रोटेरियन गुरप्रीत सिंह द्वारा उदारतापूर्वक किया गया, जिनकी मानवता की सेवा के प्रति अटूट प्रतिबद्धता जारी है। रोटरी क्लब रूपनगर के अध्यक्ष रोटेरियन सुधीर शर्मा और क्लब सचिव डॉ. अंकुर वाही ने एजी गुरप्रीत सिंह का हार्दिक आभार व्यक्त किया।

रोटरी क्लब रूपनगर ने रविवार मानवता और समाज सेवा के लिए किया समर्पित

सवेरा नृज/कैलाश आहुजा

रूपनगर, 7 जुलाई : रोटरी क्लब रूपनगर के सदस्यों ने रविवार को तीन प्रोजेक्ट आयोजित किए। दिन की शुरुआत इस रोटरी वर्ष के पहले वृक्षारोपण अभियान के साथ हुई। इस अभियान में ग्राम पंचायत और निवासियों का सहयोग लिया गया। इस प्रोजेक्ट का उद्घाटन पूर्व रोटरी डिस्ट्रिक्ट गवर्नर डॉ. आर.एस. परमार और चेतन अग्रवाल ने किया। इस अवसर पर जामुन, आम, आंवला और मोरिंगा जैसी विभिन्न किस्मों के 220 पौधे लगाए गए। इस अवसर पर क्लब के अध्यक्ष सुधीर शर्मा और सचिव डॉ. अंकुर वाही ने बताया कि क्लब ने इस रोटरी वर्ष में 1000 पौधे लगाने का लक्ष्य रखा है और ये पौधे रोपड़ शहर और आस-पास के गांवों में लगाए जाएंगे। इस प्रोजेक्ट के चेयरमैन रोटेरियन जसविंदरजीत सिंह



रोटरी क्लब द्वारा पौधा रोपण किए जाने का दृश्य।

(राजू शर्मा)

ने बताया कि क्लब अधिक से अधिक फलदार पौधे लगाएगा ताकि पक्षी इन पौधों से अपना आहार ले सके और इन पर अपना बसेरा भी बना सके। इस अवसर पर उपस्थित लोगों को संबोधित करते हुए डॉ. आर.एस. परमार ने क्लब नेतृत्व के प्रयासों की सराहना की। उन्होंने क्लब के सदस्यों को पौधे लगाने के लिए ऐसी जगह चुनने की सलाह दी, जहां कोई व्यक्ति पौधे लगा सके और उन्हें समय पर पानी दे सके, ताकि पौधों के बचने की

दर अधिक हो सके। गांव के सरपंच शमशेर सिंह, पंच मनजीत कौर, जरनैल सिंह, जसमिंदर सिंह, हरविंदर सिंह और तेजा सिंह ने इन पौधों के लिए अपना सर्वश्रेष्ठ सहयोग देने का आश्वासन दिया, ताकि इन्हें बचाया जा सके। रोटरी क्लब की ओर से पूर्व अध्यक्ष अमर राज सैनी, डॉ. बीपीएस परमार, इंजी. परमिंदर कुमार और रोटेरियन डॉ. दलजीत सिंह सैनी, जेपीएस रेहल के साथ ज़ोन 7 के एजी रोटेरियन गुरप्रीत सिंह उपस्थित थे।

दूसरा प्रोजेक्ट सैनी भवन में काका राम सैनी चैरिटेबल ट्रस्ट के सहयोग से आयोजित रक्तदान शिविर था। रोटरी क्लब बैंक चंडीगढ़ से आए डॉक्टरों की टीम ने 74 यूनिट रक्त एकत्र किया। सैनी भवन के सदस्यों ने क्लब के प्रयासों की सराहना की।

क्लब नेतृत्व के अलावा रोटेरियन अशोक चड्ढा भी मौजूद थे। तीसरा प्रोजेक्ट गांव गोलुमाजरा में बोहड़ी साहिब के डेरे पर आयोजित एक मेगा मैडीकल हैल्थ चैकअप कैंप था। इस शिविर में 400 से अधिक मरीजों की जांच की गई और निःशुल्क दवाइयां भी वितरित की गईं। रोटरी क्लब की ओर से डॉ. बीपीएस परमार, डॉ. नम्रता परमार, डॉ. एच एन शर्मा, डॉ. राजीव अग्रवाल, डॉ. आरती वर्मा और पूर्व अध्यक्ष डीएस देओल और डॉ. जेके शर्मा सहित डॉक्टरों की टीम उपस्थित थी।

ROTARY CLUB ROOPNAGAR

REGULAR CLUB MEETING

The next regular meeting of the club will be held as scheduled on Friday, **18th July 2025** at **7-30 PM**, at RVTC.

The main agenda for the meeting is discussion on preparations for Installation ceremony scheduled for the next day. Any urgent matter can be taken up with permission of the chair.

THOUGHT OF THE WEEK

"Our ability to reach unity in diversity will be the beauty and the test of our civilization."
- Mahatma Gandhi



ROTARY CLUB ROOPNAGAR



UNITE
FOR
GOOD

HOM
Humanity Unites Mankind

ROTARY CLUB ROOPNAGAR
Cordially invites on the
Installation Ceremony
OF
Rtn. Sudhir Sharma
as President and his Team for 2025-26
Chief Guest: Shri R.S.Gill
Founder GILLCO Group
Guest of Honour: Rtn. Dr.Rita Kalra
District Governor Elect, R.I.Distt.3080
JULY
SATURDAY | 19 | 07:00 PM
2025
VENUE: H.M.T RESORT, BELA ROAD
ROPAR
RTN.KULWANT SINGH
President- 2024-25
RTN.ARINA CHANANA
Secretary-2024-25
PP PRABHJIT SINGH
Chairman-Installation
RTN. DR ANKUR WAHI
Secretary-2025-26
94170-24654
Kindly stay for Dinner

You are cordially invited with your spouse to attend the installation ceremony of President Rtn. Sudhir Sharma and his team 2025-26.

Venue : **HMT Resort, Rupnagar**
Date : **Saturday, 19th July 2025**
Time : **7:00 PM onwards**

Your gracious presence will add warmth to the occasion.

Regards

ROTARY CLUB ROOPNAGAR

**ROTARY CLUB ROOPNAGAR
DUTY ROASTER FOR INSTALLATION OF ROTARY TEAM 2025-2026
& RTN.SUDHIR SHARMA AS PRESIDENT 2025-2026**

**DATE : SATURDAY 19 JULY 2025
VENUE: HMT RESORT ROOPNAGAR
TIME:7 PM ONWARDS**

COUNSELLORS

**PDG DR R.S.PARMAR
PDG CHETAN AGGARWAL**

ASSISTANT GOVERNOR

PP GURPREET SINGH

CHAIRPERSON

PP RTN.PRABHJIT SINGH

PRESIDENT RY 2024-25

RTN KULWANT SINGH

MASTER OF CEREMONY

PP RTN DR J.K.SHARMA

SECRETARY RY 2025-26

RTN ANKUR WAHI

SECRETARY RY 2024-2025

RTN ARINA CHANANA

RECEPTION

**PP RTN R.C. GROVER
PP RTN B.S.SATYAL
PP RTN H.S.SAINI
PP RTN SANJEEV KHERA
PP RTN DR BPS PARMAR
PP JK BHATIA
PP DR BHIM SAIN
RTN.SATISH WAHI
PP RTN H.S.SITTA
RTN RANBIR SINGH RANA
RTN I.S TYAGI
RTN.UDAY VERMA
RTN.INDERPAL VOHRA
RTN AMARJEET SINGH SAINI
RTN O.P MALHOTRA
RTN RAJ KUMAR BHALLA
RTN DR PARMINDER SINGH**

INVITATION

**PP RTN NARINDER BHOLA
PP RTN HARISH OBEROI**

FLORALS / MEMONTOS

**PP RTN SANJAY SOOD
RTN MANDEEP SINGH
RTN.DEEPAK SOOD**

AID TO CHIEF GUEST

RTN. DR K.S.PANNU

AID TO GUEST OF HONOR

PE RTN.GAGAN SAINI

REGISTRATION

**RTN PARDEEP SHARMA
RTN PARMOD SHARMA
RTN A.S. CHANDEL
RTN.SANDEEP TANEJA
RTN.RAJESH VERMA
RTN DR SIMARDEEP SINGH
DR JAGDEEP CHAUDHARY
RTN NEETA CHADHA
RTN DR MANPREET KAUR
RTN.DR KAMAL CHAUDHARY
RTN PUNEET SINGHAL**

HOSPITALITY

**PP D.S.DEOL
RTN SURJIT SANDHU
RTN JASVINDER JIT SINGH
RTN VIJAY KAKKAR
RTN INDERPREET SINGH
RTN TEJPAL SINGH
RTN DR H.N.SHARMA
RTN.BHUPINDER SINGH
RTN.RAJIV GUPTA
RTN HEMANT JASUJA
RTN PUNEET GUPTA
RTN VARUN SONI
RTN MANLEEN MANCHANDA
RTN.HARMOHAN SAINI**

PHOTOGRAPHY

**PP.RTN PARMINDER KUMAR
RTN. DR RAJEEV AGGARWAL**

FLOWER & DECORATION

**PP RTN USHA BHATIA
PP RTN NAMRITA PARMAR
RTN SUMAN TYAGI
RTN.GURPREET KAUR
RTN JASMINE SATYAL
RTN KIRAN WALIA
RTN.NINU SATYAL
RTN KIRANDEEP KAUR
RTN.DR AARTI VERMA
RTN.DR ANTDEEP KAUR**

**STAGE ,VENUE,SOUND &
LAMP LIGHTING**

**PP RTN AMAR RAJ SAINI
PP RTN VIVEK CHANANA
RTN.ASHOK CHADHA
RTN.DR.K.S.DEV
RTN.AJAY TALWAR
RTN.RAVNEESH BHOLA
RTN.RANJAN BHATIA
RTN DR D.S.SAINI
RTN.LAKMINDER SINGH**

VOTE OF THANKS

PE RTN GAGAN SAINI

SGT-AT-ARMS

**RTN J.P.S REHAL
RTN.NAVINDER SINGH**

SOCIAL MEDIA COVERAGE

**RTN CHETAN SHARMA
RTN SUKHINDER DEEP SINGH
RTN RAJ INDER S.PARMAR**

We Celebrate

Birthdays



Rtn. Amarjeet Singh Chandel **19th July**



Rtn. Hemant Jasuja **20th July**



Rtn. Puneet Singhal **21st July**



FROM THE EDITOR DESK

Rnt. Ashok Chadha
Club Editor
RY 2025-26



It's my pleasure to present third issue of Synergy in it's new Avatar, ably compiled by team 2025-26. The main objective of Synergy this time is to make it more participative and interactive. Once again I request all members to come forward and share their experiences in every day life, through small snippets, poetry or happenings in society.

In this issue, PDG Rtn Chetan Aggarwal has penned a beautiful article on the subject, 'Service with Tan, Man and Dhan', in the context of Rotary. Chetan ji, you are living example of this analogy and thanks a lot for taking time out of your very busy schedule and contributing this write up. Friends, looking forward to seeing your pro-active participation.